

Problem:

$$\int \frac{1}{2 \sin^2(x) + 3 \cos^2(x)} dx$$

Prepare for substitution, use:

$$\sin(x) = \frac{\tan(x)}{\sec(x)},$$

$$\cos(x) = \frac{1}{\sec(x)},$$

$$\sec^2(x) = \tan^2(x) + 1$$

$$= \int \sec^2(x) \cdot \frac{1}{2 \tan^2(x) + 3} dx$$

$$\text{Substitute } u = \tan(x) \longrightarrow \frac{du}{dx} = \sec^2(x) \text{ (steps)}$$

$$\longrightarrow dx = \frac{1}{\sec^2(x)} du:$$

$$= \int \frac{1}{2u^2 + 3} du$$

... or choose an alternative:

Substitute $\cot(x)$

$$\text{Substitute } v = \frac{\sqrt{2}u}{\sqrt{3}} \longrightarrow \frac{dv}{du} = \frac{\sqrt{2}}{\sqrt{3}} \text{ (steps)} \longrightarrow$$

$$du = \frac{\sqrt{3}}{\sqrt{2}} dv:$$

$$= \int \frac{\sqrt{3}}{\sqrt{2}(3v^2 + 3)} dv$$

Simplify:

$$= \frac{1}{\sqrt{2}\sqrt{3}} \int \frac{1}{v^2 + 1} dv$$

Now solving:

$$\int \frac{1}{v^2 + 1} dv$$

This is a standard integral:

$$= \arctan(v)$$

Plug in solved integrals:

$$\begin{aligned} \frac{1}{\sqrt{2}\sqrt{3}} \int \frac{1}{v^2 + 1} dv \\ = \frac{\arctan(v)}{\sqrt{2}\sqrt{3}} \end{aligned}$$

Undo substitution $v = \frac{\sqrt{2}u}{\sqrt{3}}$:

$$= \frac{\arctan\left(\frac{\sqrt{2}u}{\sqrt{3}}\right)}{\sqrt{2}\sqrt{3}}$$

Undo substitution $u = \tan(x)$:

$$= \frac{\arctan\left(\frac{\sqrt{2}\tan(x)}{\sqrt{3}}\right)}{\sqrt{2}\sqrt{3}}$$

The problem is solved:

$$\begin{aligned} \int \frac{1}{2\sin^2(x) + 3\cos^2(x)} dx \\ = \frac{\arctan\left(\frac{\sqrt{2}\tan(x)}{\sqrt{3}}\right)}{\sqrt{2}\sqrt{3}} + C \end{aligned}$$